# Adult

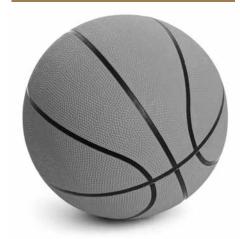
### **Golf Redwood Adult Beginner**

Learn to play golf in a comfortable atmosphere at the Redwood Golf Center, rated one of the top 100 ranges in America, from PGA Instructors! In these group lessons you will learn the basic golf stance, swing motions, rules and etiquette. By the end of these lessons students will be ready for golf on the course. Bring your own clubs or clubs will be provided. Classes are held at the Redwood Golf Center, 13029 Redmond-Woodinville Rd NE, 425-869-8814.

Instr: Redwood Golf Staff
Loc: Redwood Golf Center Driving Range

Age: 18	+ yrs.	Fee: \$95R/\$114N	
37858	Sat	Sep 3-24	12-1pm
37856	Sat	Oct 1-22	12-1pm
37857	Sat	Nov 5-26	12-1pm

## Drop-In Programs



### **Lunchtime Drop-In Basketball**

Come and make new friends or meet up with old friends for a friendly pick-up game during your lunch break. The games will be played in the Old Redmond Schoolhouse Community Center Gym. The rules and the team formations will be decided when everyone arrives. Closed Nov 11, Nov 25, Dec 23 - Jan 2.

Loc: Old Redmond Schoolhouse Community Center Gym

Age: 18+ yrs ......Fee: FREE

38254 Wed, Fri, Mon Sep 7-Dec 21 12-1pm

## **2011 Adult Sports Leagues**

Make new friends, build team-work, or just come for the exercise. Grab your friends and/or co-workers and join an adult sport league today! The City of Redmond boasts some of the highest quality fields and courts on the eastside. Choose from several different leagues.

Most leagues are broken into competitive and recreational divisions. Additional information may be obtained on our sport league website at www.teamsideline.com/redmondsports

#### **LOOKING FOR A TEAM?**

Registrations are accepted for teams only. Players looking to be placed onto a team may add their names onto the message board of our league websites listed above.

2011 FALL SPORTS LEAGUES	<b>Registration Dates</b>	League Play
Men's Basketball	Jul 19 – Aug 18	Sep - Dec
Women's Basketball	Jul 19 – Aug 18	Sep - Dec
Coed Volleyball (Self-Officiated)	Jul 19 – Aug 18	Sep - Dec
Coed 23 & Over Soccer	Jul 19 – Aug 18	Sep - Dec
Men's Open Soccer	Jul 19 – Aug 18	Sep - Dec
Men's 30 & Over Soccer	Jul 19 – Aug 18	Sep - Dec
Coed Kickball	Jul 19 – Aug 18	Sep - Oct
2011 FALL SOFTBALL LEAGUES	Registration Dates	League Play
Coed Fall Sunday Softball	Jul 19 – Aug 18	Sep - Dec
Men's Fall Weeknight Softball	Jul 19 – Aug 18	Sep - Dec
2011 WINTER SPORTS LEAGUES	Registration Dates	League Play
Men's Winter Basketball	Nov 8 – Dec 8	Jan-Mar
Women's Winter Basketball	Nov 8 – Dec 8	Jan-Mar
Coed Winter Volleyball	Nov 8 – Dec 8	Jan-Mar
Coed 23 & Over Soccer	Nov 8 – Dec 8	Jan-Mar
Men's Open Soccer	Nov 8 – Dec 8	Jan-Mar
Men's 30 & Over Soccer	Nov 8 – Dec 8	Jan-Mar

#### **OPEN GYM VOLLEYBALL**

Day	Age	Time	Location	Dates
Fridays	16+ years	6-9pm	ORSCC Gym	Sep 9 – Dec 16
				(Closed Nov 11 Nov 25 Dec 23 and Dec 30)

**Open Gym Fee:** \$4 per person at the door, ages 16 - adult. No pre-registration required. Individuals and teams welcome. An adult must supervise children under the age of 10 years. Showers are not available.

